**Holy Family Catholic Primary School**

**Social, Moral, Spiritual, Cultural (SMSC) Curriculum including Relationship and Sex Education (RSE) 2019/2020**

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|  | **Come and See** | **Relationship and Sex Education** | **Healthy Relationships** | **Science** | **S.E.A.L** | **All Are Welcome In Our School** |
| **Reception** | Myself – Everyone is precious to God  Welcome – How a baby is welcomed into a family.  Friends – How friends make us feel happy, comfortable and glad. | Children know and understand that God made them unique and that although we are all different we are all special to him.  Key words: God, unique, different, special, eyes, hair, boy/girl, hands, fingers, name, family, love, womb, describe. | Children to understand and respect gender and to not stereotype.  Girls and boys toys  Male and Female jobs | Knowledge and Understanding of the World  All About Me  Seasons  Plants  Materials / Changes  Water  Animals | Getting on and falling out.  Friendship.  Working well together in a group.  Managing anger.  Resolving conflict.  Seeing other points of view. | To say what I think.  To understand that it is okay to like different things.  To make friends with someone different.  To understand that all families are different.  To celebrate my family. |
| **Year 1** | Families – How God loves and cares for each family  Belonging – Baptism, an invitation to belong to God’s family.  Special People – How we can love and serve each other.  Being Sorry – Saying sorry and learning to forgive.  Neighbours – Sharing God’s World. | Children know and understand that they are growing and developing as members of their own family and God’s family.  Key words: Unique, friend, God, different, important special. | Children explore friendships and keeping secrets  Good/Bad Secrets | Our Changing World: Animal Antics / Plants / Sensing Seasons  Plant Detectives  Looking at Animals  Using our Senses | Say no to bullying.  Understanding bullying  Self awareness.  Empathy.  Managing feelings.  Social skills. | To like the way I am.  To play with boys and girls.  To recognise that people are different ages.  To understand that our bodies work in different ways.  To understand that we share the world with lots of people. |
| **Year 2** | Beginnings – How you feel when you begin anything new.  Signs and Symbols – The start of our journey in God’s family.  Opportunities – What helps a person choose well.  Rules – Saying sorry and forgiving others.  Treasures – To know we are God’s treasure. | Children know and understand that they are growing and developing in a God given community.  Key words: God, community, belonging, family, mother, father, carer, guardian, feelings, emotion. | Children explore gender professions and stereotypes.  What jobs can men and women do? | Our Changing World  What is in your habitat?  Apprentice Gardener  Materials: Good choices / Shaping Up  Take care growing up | Going for goals.  Motivation.  Self-awareness.  Taking responsibility.  Building confidence.  Planning and setting realistic goals. | To understand what diversity is.  To understand how we share the world.  To understand what makes someone feel proud.  To feel proud of being different.  To be able to work with everyone in my class. |
| **Year 3** | Homes – What is sometimes difficult about sharing and being part of a group at home.  Promises – How some promises are more difficult to keep than others.  Listening and Sharing – How feelings affect our own and others desire to listen and to share.  Choices – The meaning of choice and consequence.  Special Places – The importance and helpfulness of examining your conscience every day. | Children know and understand the virtues essential to friendship. Key words: | Children to explore and learn how to cope with conflicts  How should we resolve our problems? | How does your garden grow?  Our Changing World  Rock Detectives  Can you see me?  The Power of Forces  Amazing Bodies | Good to be me.  Understanding feelings.  Self-awareness.  Making correct choices.  Managing my feelings.  Assertiveness. | To understand how difference can affect someone.  To understand what discrimination means.  To find a solution to a problem.  Use strategies to help someone who feels different.  To be welcoming. |
| **Year 4** | People – The importance of family relationships and respect for those who gave us life.  Gift – The joys, demand and commitment of friendship.  Giving and Receiving - Ways in which we live and grow in unity.  Building Bridges – What makes friendship strong and how friendships may be restored when they have been broken.  God’s People – The qualities you admire in others and how true happiness can be found. | Children know and understand that they are all different and celebrate these differences as they appreciate that God’s love accepts us as we are and as we change.  Key words: God, gifts, talents, difference, development, change, male and female body parts, conflict, appreciate, celebrate, achievement. | Children to have an understanding of laws of violence.  Should we ever use violence to resolve an argument? | Our Changing World  In a State  Good Vibrations  Switched on  Where does all the food go?  Human Impact – Who am I? | Relationships.  Self-awareness.  Managing feelings.  Social skills.  Empathy.  Loss. | * To know when to be assertive. * To understand why people chose to get married. * To overcome language as a barrier. * To ask questions. * To be who you want to be. |
| **Year 5** | Ourselves – Celebrating the God given qualities and uniqueness of others.  Life choices – The importance of commitment and responsibility in relationships.  Mission – How people carry out Jesus’ mission today.  Freedom and responsibility - How the Beatitudes show us a positive way of life. | Children know and become aware of the physical and emotional changes that accompany puberty, and grow further in their understanding of God’s presence in their daily lives.  Key words: God, sensitivity, puberty, presence, celebrate, external, internal, change, develop, ovulation. | Children explore and understand keeping secrets.  Is it ever ok to keep a secret? | Our Changing World  Circle of Life  Reproduction in plants and animals  Get Sorted  Everyday Materials  Marvellous Mixtures  All Change  Feel the Force  The Earth & Beyond | Changes.  Positive and negative change.  Responses.  Motivation.  Self-awareness.  Managing feelings.  Making choices. | * To learn from our past. * To justify my actions. * To recognise when someone needs help. * To appreciate artistic freedom. * To accept people who are different from me. |
| **Year 6** | Loving – By living in God’s way, as Jesus showed us, we can grow in love.  Expectations – Having high expectations of yourself and others.  Unity – Important values in friendship and the unity which Holy Communion.  Common Good – How we can build a just and fair world. | Children develop in an appropriate way for their age an understanding of sexuality and grow further in their appreciation of their dignity and worth as children of God  Key words: God, Christian, appropriate, dignity, sexuality, intercourse, fallopian, conceive, relationship, uterus, cervix, marriage, fiancé, fiancée | Children explore and investigate gender stereotypes and their effect on behaviours.  Law, jury service, justice system, domestic violence | Our Changing World  The Nature Library  Body Pump  Body Health  Everything Changes  Danger! Low Voltage  Light Up Your World | * To promote diversity. * To stand up to discrimination. * To challenge the causes of racism. * To consider how my life may change as I grow up. * To recognise my freedom. |