**Holy Family Catholic Primary School**

**Social, Moral, Spiritual, Cultural (SMSC) Curriculum including Relationship and Sex Education (RSE) 2019/2020**

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|  | **Come and See** | **Relationship and Sex Education** | **Healthy Relationships** | **Science** | **S.E.A.L** | **All Are Welcome In Our School** |
| **Reception** | Myself – Everyone is precious to GodWelcome – How a baby is welcomed into a family. Friends – How friends make us feel happy, comfortable and glad. | Children know and understand that God made them unique and that although we are all different we are all special to him.Key words: God, unique, different, special, eyes, hair, boy/girl, hands, fingers, name, family, love, womb, describe.  | Children to understand and respect gender and to not stereotype.Girls and boys toysMale and Female jobs | Knowledge and Understanding of the World All About MeSeasonsPlantsMaterials / ChangesWaterAnimals | Getting on and falling out.Friendship.Working well together in a group.Managing anger.Resolving conflict.Seeing other points of view. | To say what I think.To understand that it is okay to like different things.To make friends with someone different.To understand that all families are different.To celebrate my family. |
| **Year 1** | Families – How God loves and cares for each familyBelonging – Baptism, an invitation to belong to God’s family.Special People – How we can love and serve each other.Being Sorry – Saying sorry and learning to forgive.Neighbours – Sharing God’s World. | Children know and understand that they are growing and developing as members of their own family and God’s family.Key words: Unique, friend, God, different, important special. | Children explore friendships and keeping secretsGood/Bad Secrets | Our Changing World: Animal Antics / Plants / Sensing Seasons Plant DetectivesLooking at AnimalsUsing our Senses | Say no to bullying.Understanding bullyingSelf awareness.Empathy.Managing feelings.Social skills. | To like the way I am.To play with boys and girls.To recognise that people are different ages.To understand that our bodies work in different ways.To understand that we share the world with lots of people.  |
| **Year 2** | Beginnings – How you feel when you begin anything new.Signs and Symbols – The start of our journey in God’s family.Opportunities – What helps a person choose well.Rules – Saying sorry and forgiving others. Treasures – To know we are God’s treasure. | Children know and understand that they are growing and developing in a God given community.Key words: God, community, belonging, family, mother, father, carer, guardian, feelings, emotion. | Children explore gender professions and stereotypes.What jobs can men and women do? | Our Changing WorldWhat is in your habitat?Apprentice GardenerMaterials: Good choices / Shaping UpTake care growing up | Going for goals.Motivation.Self-awareness.Taking responsibility.Building confidence.Planning and setting realistic goals. | To understand what diversity is.To understand how we share the world.To understand what makes someone feel proud.To feel proud of being different.To be able to work with everyone in my class. |
| **Year 3** | Homes – What is sometimes difficult about sharing and being part of a group at home.Promises – How some promises are more difficult to keep than others.Listening and Sharing – How feelings affect our own and others desire to listen and to share. Choices – The meaning of choice and consequence.Special Places – The importance and helpfulness of examining your conscience every day.  | Children know and understand the virtues essential to friendship. Key words:  | Children to explore and learn how to cope with conflictsHow should we resolve our problems? | How does your garden grow? Our Changing WorldRock DetectivesCan you see me?The Power of ForcesAmazing Bodies | Good to be me.Understanding feelings.Self-awareness.Making correct choices.Managing my feelings.Assertiveness. | To understand how difference can affect someone.To understand what discrimination means.To find a solution to a problem.Use strategies to help someone who feels different.To be welcoming.  |
| **Year 4** | People – The importance of family relationships and respect for those who gave us life.Gift – The joys, demand and commitment of friendship.Giving and Receiving - Ways in which we live and grow in unity.Building Bridges – What makes friendship strong and how friendships may be restored when they have been broken.God’s People – The qualities you admire in others and how true happiness can be found. | Children know and understand that they are all different and celebrate these differences as they appreciate that God’s love accepts us as we are and as we change.Key words: God, gifts, talents, difference, development, change, male and female body parts, conflict, appreciate, celebrate, achievement.  | Children to have an understanding of laws of violence.Should we ever use violence to resolve an argument? | Our Changing WorldIn a StateGood VibrationsSwitched onWhere does all the food go?Human Impact – Who am I? | Relationships.Self-awareness.Managing feelings.Social skills.Empathy.Loss. | * To know when to be assertive.
* To understand why people chose to get married.
* To overcome language as a barrier.
* To ask questions.
* To be who you want to be.
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| **Year 5** | Ourselves – Celebrating the God given qualities and uniqueness of others.Life choices – The importance of commitment and responsibility in relationships. Mission – How people carry out Jesus’ mission today.Freedom and responsibility - How the Beatitudes show us a positive way of life. | Children know and become aware of the physical and emotional changes that accompany puberty, and grow further in their understanding of God’s presence in their daily lives.Key words: God, sensitivity, puberty, presence, celebrate, external, internal, change, develop, ovulation. | Children explore and understand keeping secrets.Is it ever ok to keep a secret? | Our Changing WorldCircle of LifeReproduction in plants and animalsGet SortedEveryday MaterialsMarvellous MixturesAll ChangeFeel the ForceThe Earth & Beyond | Changes.Positive and negative change.Responses.Motivation.Self-awareness.Managing feelings.Making choices. | * To learn from our past.
* To justify my actions.
* To recognise when someone needs help.
* To appreciate artistic freedom.
* To accept people who are different from me.
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| **Year 6** | Loving – By living in God’s way, as Jesus showed us, we can grow in love.Expectations – Having high expectations of yourself and others.Unity – Important values in friendship and the unity which Holy Communion.Common Good – How we can build a just and fair world.  | Children develop in an appropriate way for their age an understanding of sexuality and grow further in their appreciation of their dignity and worth as children of GodKey words: God, Christian, appropriate, dignity, sexuality, intercourse, fallopian, conceive, relationship, uterus, cervix, marriage, fiancé, fiancée  | Children explore and investigate gender stereotypes and their effect on behaviours.Law, jury service, justice system, domestic violence | Our Changing WorldThe Nature LibraryBody PumpBody Health Everything ChangesDanger! Low VoltageLight Up Your World | * To promote diversity.
* To stand up to discrimination.
* To challenge the causes of racism.
* To consider how my life may change as I grow up.
* To recognise my freedom.
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