



Two choice menu

April 2020

| M | T | W | T | F | S | S |
|----|----|----|----|----|----|----|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | | | |

May 2020

| M | T | W | T | F | S | S |
|----|----|----|----|----|----|----|
| | | | | 1 | 2 | 3 |
| 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |

June 2020

| M | T | W | T | F | S | S |
|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8 | 9 | 10 | 11 | 12 | 13 | 14 |
| 15 | 16 | 17 | 18 | 19 | 20 | 21 |
| 22 | 23 | 24 | 25 | 26 | 27 | 28 |
| 29 | 30 | | | | | |

July 2020

| M | T | W | T | F | S | S |
|----|----|----|----|----|----|----|
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 | 29 | 30 | 31 | | |

September 2020

| M | T | W | T | F | S | S |
|----|----|----|----|----|----|----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |

October 2020

| M | T | W | T | F | S | S |
|----|----|----|----|----|----|----|
| | | | 1 | 2 | 3 | 4 |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| 26 | 27 | 28 | 29 | 30 | 31 | |

Week One Week Two Week Three



Monday

Tuesday

Wednesday

Thursday

Friday

Week one

Cheese and ham panini with wedges and salad
Jacket potato with cheese, beans, tuna or coleslaw filling
Butterfly cake, yoghurt or fruit

Meatballs and mash with seasonal veg and gravy
Knorr cream of chicken soup and a tuna, cheese, ham or egg filled roll
Sponge and custard, yoghurt or fruit

Cheese and chorizo pizza with potato smiles and spaghetti hoops
Jacket potato with cheese, beans, tuna or coleslaw filling
Cookie and milkshake, yoghurt or fruit

Roast beef with roast potatoes, carrots, Yorkshire pudding and gravy
Leek and potato soup and a tuna, cheese, ham or egg panini
Jelly and fruit, yoghurt or fruit

Fish fingers with chips and peas (mushy or garden)
Jacket potato with cheese, beans, tuna or coleslaw filling
Pancake and ice cream, yoghurt or fruit

Contains: Milk, wheat, soya, cereals containing gluten, eggs, mustard, fish, sulphur dioxide & sulphites

Contains: Milk, wheat, rye, oats, barley, mustard, eggs, cereals containing gluten, sulphur dioxide & sulphites, soya, celery, fish

Contains: Milk, wheat, soya, cereals containing gluten, mustard, eggs, fish, Sulphur dioxide & sulphites
May contain: Celery, nuts

Contains: Milk, wheat, eggs, cereals containing gluten, mustard, soya

Contains: Milk, wheat, fish, cereals containing gluten, mustard, eggs, soya, fish
May contain: Rye, oats

Week two

Chicken burger with crisscuts and beans
Jacket potato with cheese, beans, tuna or coleslaw filling
Flapjack, yoghurt or fruit

Cheese and bacon quiche with new potatoes and beans
Tomato and basil soup and a tuna, cheese, ham or egg filled roll
Arctic roll, yoghurt or fruit

Chicken korma with basmati rice and naan bread
Jacket potato with cheese, beans, tuna or coleslaw filling
Brownie, yoghurt or fruit

Roast gammon with roast potatoes, carrots, peas and gravy
Knorr cream of chicken soup and a tuna, cheese, ham or egg panini
Peaches and cream, yoghurt or fruit

Harry Ramsden's fish fillet with chips and peas
Jacket potato with cheese, beans, tuna or coleslaw filling
Mousse, yoghurt or fruit

Contains: Milk, wheat, soya, cereals containing gluten, mustard, eggs, fish
May contain: Rye, oats, barley, sulphur dioxide & sulphites

Contains: Milk, wheat, eggs, cereals containing gluten, soya, celery, mustard, fish

Contains: Cereals containing gluten, milk, fish, mustard, eggs
May contain: Soya

Contains: Milk, wheat, soya, cereals containing gluten, rye, oats, barley, eggs, celery, mustard

Contains: Milk, wheat, fish, cereals containing gluten, mustard, eggs
May contain: Rye, oats, sulphur dioxide & sulphites, molluscs, crustaceans

Week three

Salmon fish fingers with chips and beans
Jacket potato with cheese, beans, tuna or coleslaw filling
Ice cream with fruit, yoghurt or fruit

All day breakfast - scrambled egg, bacon, sausage, hash brown and beans
Leek and potato soup and a tuna, cheese, ham or egg filled roll
Rainbow lolly ice, yoghurt or fruit

BBQ chicken fillet with garlic and herb potatoes, salad and coleslaw
Jacket potato with cheese, beans, tuna or coleslaw filling
Jelly and cream, yoghurt or fruit

Roast turkey with roast potatoes, stuffing, carrot, broccoli and gravy
Tomato and basil soup and a tuna, cheese, ham or egg panini
Frozen yoghurt, yoghurt or fruit

Harry Ramsden's fish fillet with wedges and beans
Jacket potato with cheese, beans, tuna or coleslaw filling
Cheesecake, yoghurt or fruit

Contains: Milk, mustard, soya, eggs, fish
May contain: Rye, oats

Contains: Milk, wheat, soya, cereals containing gluten, mustard, fish, eggs
May contain: Rye, oats, lupin

Contains: Milk, wheat, soya, mustard, eggs, fish, barley, cereals containing gluten

Contains: Milk, wheat, soya, mustard, eggs, cereals containing gluten, celery
May contain: Rye, oats

Contains: Milk, wheat, mustard, eggs, fish, cereals containing gluten
May contain: Sulphur dioxide & sulphites, molluscs, crustaceans, soya

