

Holy Family Catholic Primary School Cronton

Year 1: PSHE autumn term

Themes: Families and Relationships, Safe relationships and Respecting ourselves and others

Throughout the term, children will learn:

About people who care for them, e.g. parents, siblings, grandparents, relatives, friends and teachers.

What it means to be in a family and how families are different, e.g. single parents, etc.
About the importance of telling someone – and how to tell them – if they are worried about something in their family.

About situations when someone's body or feelings might be hurt and whom to go to for help.

About what it means to keep something private, including parts of the body that are private.

How to respond if being touched makes them feel uncomfortable or unsafe.

How to ask for and give / not give permission.

What kind and unkind behaviour can mean in and out of school.

About what respect means.

About class rules, being polite to others, sharing and taking turns.

Key vocabulary:

Parents: someone's mother / mum or father / dad

Siblings: someone's sister or brother

Grandparents: someone's Grandma / Nan or Grandad

Single parents: mother / mum or father / dad who lives alone with their child

Hug: squeeze tightly in someone's arms

Tickling: a light touch which could make someone laugh or giggle

Punch: to hurt someone using your hand

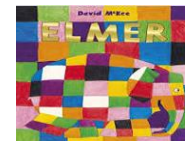
Kind: being helpful and friendly

Unkind: not being helpful and not being friendly

Rules: an order to follow in school or at home



No Outsiders curriculum books for the autumn term



Elmer

To like the way I am.



Ten Little Pirates

To play with boys and girls.