

## Holy Family Catholic Primary School Cronton

**Year 4:** PSHE autumn term

**Themes:** Families and Relationships, Safe relationships and Respecting ourselves and others

### Throughout the term, children will learn:

About the features of positive healthy friendships such as mutual respect, trust and sharing interests.

How to seek support with relationships if they feel lonely or excluded.

How to communicate respectfully with friends if they feel lonely or excluded.

How knowing someone online difference from knowing someone face to face and that there are risks in communicating with someone they don't know.

How to respond if they witness or experience hurtful behaviour or bullying, including online.

Recognise the difference between 'playful dares' and dares which put someone under pressure, at risk, or make them feel uncomfortable.

How to recognise risks online such as harmful content or contact.

To recognise differences between people, such as gender, race or faith.

To recognise what they have in common with others, e.g. shared values, likes and dislikes, aspirations.

### Key vocabulary:

**Respect:** having a sense of admiration for someone and being kind to them.

**Trust:** a belief or a sense of truth in the person or thing.

**Bullying:** someone who is repeatedly unkind to another person.

**Online bullying:** someone who is repeatedly unkind to another person by using the internet.

**Dare:** to challenge someone to do something as a test of their courage.

**Gender:** the sex of a person or animal, e.g. girl or boy.

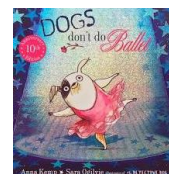
**Race:** a population of people who share similar physical characteristics that have been passed down from one generation to the next.

**Faith:** following a particular religion and its teachings.

**Aspirations:** a goal, aim or ambition to work towards.



### No Outsiders curriculum books for the autumn term



**Dogs don't do ballet**

To know when to be assertive.



**King and King**

To understand why people, choose to get married.