

**Year 1: Unit 2**  
**Rhythm in The Way We**  
**Walk & Banana Rap**

**Themes:** Pulse, rhythm and pitch, rapping, dancing and singing.

**1 - Listening:** Rhythm in The Way We Walk & Banana Rap Find the pulse as you are listening to the music: Can you dance, get funky or find the groove? Instruments/voices you can hear: Singers, keyboard, bass, guitar, percussion, trumpets and saxophones. Can you recognise any of these instruments in the other songs?

**2 - Musical Activities** Find the pulse!

- March and find the pulse
- Be a monkey finding the pulse
- Be an elephant finding the pulse Clapping Rhythms
- Copy and clap back rhythms



- Clap the rhythm of your name
- Clap the rhythm of your favourite colour
- Make up your own rhythm Pitch is high and low sounds.

Singing: Rap and sing the songs. Have fun!

**3 - Perform & Share** A class performance – with rapping, singing and playing. Introduce your performance to your audience. Can you include some funky moves? Have a fantastic time; enjoy it! Talk about it together afterwards. How did it make you feel? Will you record it?



**Key Vocabulary:**

**Audience** – people who are listeners

**Compose** - creating or writing a piece of music  
Improvise –playing or singing made up as you perform

**Melody** - a series of different pitches that form a tune

**Percussion instruments** – those which are struck, shaken, scraped, plucked or rubbed to create a sound

**Perform** - music and ideas shared with a listener or audience

**Pitch** - describes how low or high a note sounds

**Pulse** - a steady beat

**Rap** - rhythmic, rhyming speech

**Rhythm** - Pattern in time