

Holy Family Catholic Primary School Cronton

Year 6: PSHE summer term

Themes: What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online, Human reproduction and birth; increasing independence; managing transition and Keeping personal information safe; regulations and choice; drug use and the law; drug use and the media.

Throughout the term, children will learn:

Identify where they and others can ask for help and support with mental wellbeing in and outside school.

The importance of asking for support from a trusted adult.

About the changes that may occur in life including death, and how these can cause conflicting feelings.

That changes can mean people experience feelings of loss or grief.

About what being more independent might be like, including how it may feel.

About the transition to secondary school and how this may affect their feelings.

About how relationships may change as they grow up or move to secondary school.

What to do if they take, share or come across an image which may upset, hurt or embarrass them or others.

How to report the misuse of personal information or sharing of upsetting content/ images online.

Why age restrictions are important and how they help people make safe decisions about what to watch, use or play.

Key vocabulary:

Death: the action or fact of dying or being killed; the end of the life of a person or organism.

Grief: intense sorrow, especially caused by someone's death.

Transition: the process or a period of changing from one state or condition to another.

Personal information: any information relating to an identified or identifiable person.

Restrictions: a limiting condition or measure.

No Outsiders curriculum book for the summer term



Dreams of freedom
To recognise my freedom.

