

## Holy Family Catholic Primary School Cronton

Year 2: PSHE summer term

**Themes:** Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help, growing older; naming body parts; moving class or year and Safety in different environments; risk and safety at home; emergencies.

### **Throughout the term, children will learn:**

Why sleep and rest are important for growing and keeping healthy.

That medicines, including vaccinations and immunisations, can help people stay healthy and manage allergies.

The importance of, and routines for, brushing teeth and visiting the dentist.

About the human life cycle and how people grow from young to old.

How our needs and bodies change as we grow up.

To identify and name the main parts of the body.

How to help keep themselves safe at home in relation to electrical appliances, fire safety and medicines/household products.

How to respond if there is an accident and someone is hurt.

About whose job it is to keep us safe and how to get help in an emergency, including how to dial 999 and what to say.

### **Key vocabulary:**

Medicine: a drug for the treatment or prevention of disease.

Vaccination: treatment with a vaccine to produce immunity to a particular infectious disease.

Life cycle: the series of changes in the life of an organism including reproduction.

Fire safety: the set of practices intended to reduce destruction caused by fire.

999: the emergency number for contacting emergency services, e.g. police, ambulance and fire brigade.

### **No Outsiders curriculum book for the summer term**



Blown away

**To be able to work everyone in my class.**