

## Holy Family Catholic Primary School Cronton

**Year 3:** PSHE autumn term

**Themes:** Families and Relationships, Safe relationships and Respecting ourselves and others

### **Throughout the term, children will learn:**

That being part of a family provides support, stability and love.  
About the positive aspects of being part of a family, such as spending time together and caring for each other.  
To identify if / when something in a family might make someone upset or worried.  
What to do and who to tell if family relationships are making them feel unhappy or unsafe.

About what privacy and personal boundaries are, including online.  
Basic strategies to keep themselves safe online, e.g. passwords, using trusted sites and adult supervision.  
That bullying and hurtful behaviour is unacceptable in any situation.  
About bullying online, and the similarities and differences to face-to-face bullying.

To recognise respectful behaviours, e.g. helping or including others, being responsible.  
The importance of self-respect and their right to be treated respectfully by others.  
What it means to treat others, and be treated, politely.

### **Key vocabulary:**

Love: feelings of affection towards someone or something else, e.g. another human or a pet.  
Upset: not feeling happy.  
Worried: something is making you feel a scared or sad.

Password: a word, code or phrase that will allow you to open something or log in to something.  
Adult supervision: when an adult is looking after you to keep you safe.  
Bullying: someone who is repeatedly unkind to another person.  
Online bullying: someone who is repeatedly unkind to another person by using the internet.

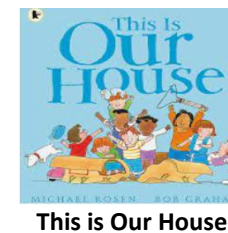
Responsible: to take care of yourself, your property and being a trusted person.  
Self-respect: to have respect for yourself.  
Polite: showing good manners or being thoughtful towards another person.



### **No Outsiders curriculum books for the autumn term**



To understand how difference can affect someone.



To understand what 'discrimination' means.