

Holy Family Catholic Primary School Cronton



Year 1: Unit 1 In The Groove

Themes: How to be in the groove with different styles of music.

1 – Listening: In the Groove You will listen to 6 different musical styles in this unit! song Blues, Baroque, Latin, Irish Folk, Funk Can you dance to all of these styles or move to the pulse? What about the other songs? Are you "in the groove" Where is the groove? It's inside of you!







- 2 Musical Activities Find the pulse!
- What animal can you be finding the pulse? Clapping Rhythms
- Copy and clap back rhythms
- Clap the rhythm of your name
- Clap the rhythm of your favourite food
- Make up your own rhythms Singing in all the different styles!







Playing instruments using one or two notes – C or C + D.

Which part did you play? Improvise using the notes C + D

- Challenge 1 Clap and Improvise
- Challenge 2 Sing, Play and Improvise
- Challenge 3 Improvise Which challenge did you get to?
 Compose a simple melody using simple rhythms, choosing from the notes
 C + D or C, D + E

3 – Perform & Share A class performance of In The Groove – with singing and playing. Introduce your performance to your audience. Can you include some funky moves? Have a fantastic time; enjoy it! Talk about it together afterwards. How did it make you feel? Will you record it?

Key Vocabulary:

Pulse - a steady beat

Rhythm - Pattern in time

Pitch - describes how low or high a note sounds

Rap - rhythmic, rhyming speech

Improvise –playing or singing made up as you perform

Compose - creating or writing a piece of music

Melody - a series of different pitches that

form a tune

Perform - music and ideas shared with a

listener or audience

Audience – people who are listeners

Percussion instruments – those which are struck, shaken, scraped, plucked or rubbed to create a sound

Funk – emphasises the rhythm of the music

Blues music – American music closely related to jazz, popular in early 1900's

Baroque music -European classical music appealing to emotions

Latin music - music inspired by

Portuguese and Spanish instruments salsa and samba are examples

Irish Folk music – Simple Irish music with loud percussion and the human voice