The Sport Premium at Holy Family Catholic Primary School

At Holy Family, we are passionate about promoting the physical health and wellbeing of every child. Through the government-funded PE and Sport Premium, we are able to provide high-quality physical education, broaden sporting opportunities, and inspire lifelong participation in physical activity.



What is the PE and Sport Premium?

The Sport Premium is a funding initiative from the Department for Education aimed at improving the quality of PE and sport in primary schools across England. A total of £450 million has been allocated nationally over four years, including the two most recent academic years. This funding is ring-fenced, meaning it can only be spent on PE and sport provision.

Our PE Promise to You

At Holy Family, we believe PE should be fun, fair, and for everyone. We use our Sport Premium funding to help every child enjoy being active and feel great about moving their bodies. Here's what you can count on from us:

- PE is fun! We make sure every lesson helps you grow, learn new skills, and feel confident.
- We're active all day long, in class, at playtime, in clubs, and during wraparound care!
- Our teachers love learning too! They're always finding new ways to make PE even better for you.
- We care about healthy habits. We help you enjoy staying active and looking after your wellbeing.
- You'll try lots of different sports even some you might never have played before!
- Everyone gets a chance to shine. There are lots of ways to represent our school in sports and competitions, we work closely with Knowsley School Sports Partnership (KnowsleySSP).
- PE is for every child. We make sure it's fair, inclusive, and welcoming for all.
- Your ideas matter. We listen to what you think and use your pupil voice and feedback to make PE even more exciting.

- There's something for everyone. We support children who may not always feel confident to get involved and provide opportunities for them to shine.
- We cheer you on! We keep track of your progress so we can celebrate your successes and offer help when you need it.
- PE is more than just for 2 hours a week. We keep our bodies moving across all areas of learning, wherever we are!

<u>Creating links between PE and wider school life to support</u> spiritual, moral, social and cultural development

Through work with local sports clubs and links made through Knowsley School Sports Partnership (KnowsleySSP), we have been able to direct our children to access routes to developing their love of PE and Sport beyond school. We celebrate all sporting achievements weekly in our Praise Assembly showing just how much we value it.

How We Use Our Sport Premium

Staff Training and Professional Development

We recognise that confident, well-trained staff are key to delivering outstanding PE. As part of our funding, we support physical activity, including Outdoor and Adventurous Activities (OAA) and provide ongoing CPD through a progressive PE scheme. Staff engage in lessons where they can observe, experience, and reflect on effective practice, including the use of the STEPs principle (Space, Task, Equipment, and People) to ensure all children are actively engaged.

Staff voice is regularly gathered to identify areas where targeted support is needed, which is then provided. This approach ensures high-quality provision and helps build long-term staff expertise

Active Play and Lunchtimes

Physical activity doesn't stop at the end of a PE lesson. Thanks to the Sport Premium, we've invested in a wide range of playground equipment and trained our Year 6 prefects in supporting active playtimes they support structured games during break and lunch. This has led to increased participation in physical activity throughout the day.

Our 'Daily Mile' track encourages engagement in regular cardiovascular exercise in a fun and inclusive way.

Enhancing the Curriculum

We've invested in a progressive PE scheme that aligns fully with the National Curriculum Programmes of Study. This ensures consistency across all year groups, supports teachers with planning and assessment, and provides a clear framework for developing children's physical skills over time and allows us to track progress of different demographics and target interventions when needed such as top up swimming.

On the last Friday of every month, we celebrate Feel Good Friday, a special day that puts wellbeing and positivity at the heart of everything we do.

As part of this, we include a whole-school physical activity, designed to get everyone moving, smiling, and feeling great. Whether it's a dance, fun run, yoga session, or playground challenges, it's all about moving our bodies and lifting our spirits together. Feel Good Friday is a perfect reminder that physical activity is not only good for our bodies but also for our minds and hearts, helping to build a strong, connected, and happy school community.

Competitive Sport and Community Links

We are proud members of the Knowsley School Sports Partnership (KnowsleySSP), which enables us to:

- Take part in a wide range of inter-school competitions
- We hold termly intra school competitions
- Access pathways into regional and national sporting events
- Offer staff CPD and training opportunities
- Promote community events and clubs making links that encourage children to stay active beyond the school environment

Impact and Sustainability

Our use of the Sport Premium is guided by a commitment to long-term, sustainable improvement. We regularly assess the impact of our spending to ensure it benefits all children, now and in the future.

We are proud of the positive impact this funding has had on our school community, from improved pupil engagement and increased participation to enhanced teacher confidence and broader curriculum provision.

Looking Ahead

As we move forward, we remain committed to ensuring that every child at Holy Family enjoys access to high-quality physical education, meaningful competition, and exciting opportunities to stay fit, active and healthy for life.

For more information, or to view our most recent Sport Premium report, please contact the school office or visit the PE and Sport Premium section of our website.